## Laser Vein Removal & Vascular Lesion Removal

## Pre Care

- Limit sun exposure and use a broad-spectrum sunscreen for at least 2 weeks before treatment to reduce the risk of pigmentation changes.
- Discuss any medications you are taking with your provider, especially blood thinners or anti-inflammatory medications, and follow their recommendations regarding discontinuation prior to your session.
- Drink plenty of water in the days leading up to your treatment to keep your skin hydrated.
- Avoid taking photosensitive medications such as antibiotics for 72 hours prior to treatment.
- Discuss any skin conditions, medications, or concerns you may have with your provider before the treatment.

## Post Care

- Gently cleanse the treated area and avoid heavy scrubbing or exfoliating for a few days.
- Stay out of direct sunlight and use a broad-spectrum sunscreen to protect your skin.
- Use a gentle moisturizer to keep the skin hydrated.
- Refrain from vigorous exercise and activities that may increase blood flow to the treated area for 72 hours post-treatment.
- Watch for any unusual reactions, and contact your provider if you experience excessive swelling, pain, or signs of infection.