

Plasma Pen

Pre Care

- Avoid blood thinners for at least 48 hours prior to your appointment, such as aspirin, ibuprofen, and alcohol.
- Stop using retinoids or retinol products at least 3-5 days prior to treatment to minimize irritation.
- Keep your skin well-hydrated and drink plenty of water leading up to your procedure to enhance healing.
- Discuss any skin conditions, medications, or concerns you may have with your provider before the treatment.

Post Care

- Gently cleanse your skin with a mild cleanser for the first few days to keep the area clean.
- Stay out of direct sunlight and use a broad-spectrum sunscreen to protect your skin.
- Use a gentle moisturizer to keep the skin hydrated.
- Do not pick at scabs or crusts as they heal, to avoid scarring and ensure proper healing.
- Use gentle, non-comedogenic moisturizers and/ or light healing ointment such as silver gel to keep the skin hydrated and healing.
- Attend any scheduled follow-up appointments to monitor your progress and address any concerns.